



December 4, 2008

Dear Middies Parents and Swimmers:

Another round of applause and thanks to everyone who helped with the "Thanksswimming" Meet this past weekend. With seven sessions spanning three days of the holiday weekend, I was awed by the number of swimmers and parents who were in attendance and truly giving their all for the Middies team.

The New York Sharks and Gael Aquatics 8 & under Meets this weekend have been posted again today reflecting the numerous changes and scratches received this week. I know the Holiday season is very hectic and overwhelming, but over 30 different swimmers submitting scratches during the week of these events following a 3 day home meet was very difficult to track. I hope that I have all changes registered properly and ask that everyone refer to the web site once again to double check the entries.

**For those swimmers in the afternoon sessions at the NY Sharks Meet in NYACK, the warm-up and start times have been pulled back 45 minutes on Saturday and Sunday. All sessions are now as follows:**

Friday, December 5th	Session 1	5:00 PM Warm-up	5:45 PM Start
Saturday, December 6th	Session 2	7:00 AM Warm-up	8:00 AM Start
	Session 3	12:30 PM Warm-up	1:00 PM start (only the 13-14 and Open 400 IM's)
	<b>Session 4</b>	<b>2:15 PM Warm-up</b>	<b>3:15 PM Start</b>
Sunday, December 7th	Session 5	7:00 AM Warm-up	8:00 AM Start
	Session 6	12:30 PM Warm-up	1:00 PM start (only the Open 200 Breast and Open 200 Fly)
	<b>Session 7</b>	<b>2:15 PM Warm-up</b>	<b>3:15 PM Start</b>

The sessions are going to be very long and the host team wants to ensure that swimmers are out of the afternoon sessions earlier.

All Gael Aquatic Club sessions are the same. Girls in the morning 8:00 AM warm-up 9:00 AM start, and the boys in the afternoon 1:00 PM warm-up 2:00 PM start.

Please remember that all swimmers must arrive 10 - 15 minutes prior to warm-up to allow for the proper check-in and scratch procedures. Swimmers who arrive 15-20 minutes late or even worse run the risk of being scratched from that session and sent home. We hate for swimmers to come to a meet and not swim, but to remain professional and follow USS rules and

YWCA – 515 North Street – White Plains, NY 10605 – [middies@ywcawhiteplains.com](mailto:middies@ywcawhiteplains.com)  
949-6227 (151)

guidelines, we will not leave swimmers in events and realize too late that their lanes will be empty.

**Due to the meets this weekend and difficulty manning all sessions as well as practices, we will also have a special practice schedule:**

Friday, December 5th      All Rutgers swimmers      5:30 PM - 6:30 PM  
                                         All 8 & Under swimmers      6:30 PM - 7:30 PM

Saturday, December 6th      No practice sessions on Saturday

Sunday, December 7th      All Rutgers swimmers      5:30 PM - 6:30 PM

Please refer to an updated December Calendar which is on the top of the meets page in red. Thanks again for all that you do and your support of the Middies team. The swimmers are doing so well this year and we attribute much of that to the positive energy from all of our families.

Sincerely,

Bryan Dorsey  
Middies Swim Team