



October 27, 2010

Hello,

Regarding the size of the meet and the safety of the swimmers Kevin and I had to change Saturday's format to include everyone. Friday and Sunday sessions are unchanged. The changes to Saturday have been approved by all of the coaches coming to the meet, which is why I had to wait until today to relay the official changes to you.

We are sorry if this conflicts with other things you have going on this weekend and appreciate your support at the meet!

CHANGES:

Friday	W/U 4:30 pm	Start 5:30 pm	NO CHANGE
Session 1			
Girls	Age	Event	Boys
1	11-12	200 Free	2
3	13 and older	500 Free	4
5	11-12	200 IM	6
7	13 and older	400 IM	8

Sat	w/u 7 am	Start 8 am	CHANGED
Session 2			
Girls	Age	Event	Boys
11	8	50 Free	12
13	7 and under	25 Free	14
17	8	50 Back	18
19	7 and under	25 Back	20
23	8	50 Breast	24
25	7 and under	25 Breast	26
29	8	50 Fly	30
31	7 and under	25 Fly	32

Sun	w/u 7 am	Start 8 am	NO CHANGE
Session 5			
Girls	Age	Event	Boys
65	13 and over	100 Free	66
67	9-10	200 Free	68
69	11-12	100 Free	70
71	13 and over	200 IM	72
73	9-10	50 Back	74
75	11-12	100 Back	76
77	13 and over	100 Back	78
79	9-10	50 Breast	80
81	11-12	50 Breast	82

Sat	w/u 10:30 am	Start 11:30 am	CHANGED
Session 3			
	Age	Event	Boys
9	9-10	100 Free	10
39	15 and over	200 Free	40
15	9-10	100 Back	16
45	15 and over	200 Back	46
21	9-10	100 Breast	22
51	15 and over	100 Breast	52
27	9-10	100 Fly	28
57	15 and over	200 Fly	58
33	9-10	50 Free	34
63	15 and over	50 Free	64

83	13 and over	200 Breast	84
85	9-10	50 fly	86
87	11-12	100 Fly	88
89	13 and over	100 Fly	90

Sat	w/u 3:30 pm	Start 4:30 pm	CHANGED
Session 4			
Girls	Age	Event	Boys
35	11-12	100 IM	36
37	13-14	200 Free	38
41	11-12	50 Free	42
43	13-14	200 Back	44
47	11-12	50 Back	48
49	13-14	100 Breast	50
53	11-12	100 Breast	54
55	13-14	200 Fly	56
59	11-12	50 Fly	60
61	13-14	50 Free	62

Matt Hall
 YWCA Middies
 phone: 914-949-6227 x151
 fax: 914-949-2021
www.MiddiesSwimming.org