



September 10, 2011

Hello,  
Our team meeting will be held on 9/21 at 6 PM.

Pre team members should contact KC Kent at the YWCA with lessons prior to starting the swim team. They include: Kyla Worrell, Alesha Worrell, Matthew Zhao, Alex Sabelja, and Julia Genin.

This is a trial run on the groups for the team. The first week in October, the coaches will follow up with test sets. At the conclusion of those test sets the team members will be placed in their appropriate groups until they test out of that group. This is the best way for our coaching staff to truly evaluate each swimmer and help them reach their highest potential.

<b>Bronze</b>		<b>Silver</b>	
Samantha Guastella	Samantha Malandrino	Kristina Wang	Luke Caserta
Mia Guastella		Andrew Greenspan	Margaret Caserta
Sofia Colella		Jack Greenspan	Caroline Capuano
Brendan Dubilier		Benjamin Jacobs	Nicole Bonanno
Emma Monaghan		Julia Gurden	Anika Chatterjee
Stephani Mejia		Emma Hall	Ananya Chatterjee
Sofia Valerio		Sophia Guo	Tierney Burke
Rae-Anne Richards		Joy Jiang	John Ceske
Elena Salzman		Eddie Jin	Christina Paz
Timmy O'Hare		Benjamin Ryjikov	Thomas McSorley
Daniela Paz		Matthew Lourenco	Theresa Milio
Henry Zhang		Kyra Broderick	Diego Kaune
Wenting Yu		Tess Powell	Anna Kennedy
Jyotsna Kumar		Milena Fava-Pastilha	David Lang
Daniel Katcher		Stephanie Pan	Erica Lin
Ella Ansell		Ryan Caserta	Sophia Sabelja
			Bob Ye
			Maxwell Zhao
<b>Gold</b>		<b>Junior</b>	
Lila Horwood	Tommy Park	Mia Dell'Orto	Amanda Wang
Keegan Drew	Bianca McIver	Grace Guo	Dylan Walsh
Michael Sokolski	Emma McAteer	Andrew Dell'Orto	Eric Zhang
Jason Sheppard	Ally Grassi	Romane Centis	
Gabrielle Kass	Akira Tsuji	Christina Colucci	
Cally Bayer	Amelie Steinbrinker	Tatiana Kunst	
Allison Liu	Jeffrey Wang	Liam McPhillips	
Quin Burke	Zachary Walsh	Catherine McSorley	
Maggie Brew	Deborah Zhang	Akio Tsuji	
Emma Cahaly	Morgan Hricay	Shreya Talus	
Nikita Choksi		Skye Six-Osher	
Alan Chung		Kelly Rutherford	
Hari Channagirl		Tabea Steinbrinker	
Alexis Daniel		Kaity Su	
Anna Distler		Alana Pogostin	
Lauren Fialkow		Yi Zhao	

<b>Prep</b>		<b>Senior</b>
Zachary Bernstein	Chris Hicks	Andrew Hall
Graham Novitch	Jack Avezzano	Josh Hymowitz
Omar Thenmalai	Mishu Sokolski	Callie Kanim
Arya Vasudevan	Mae Berglas	Katherine Suen
Jared Kanim	Martin Grossleezycki	Katie Avezzano
Sami Drew	Koki Iwatsuhi	Yuma Kase
Angelina Campanile		Ayana Naguishi
Benjamin Covello		Zhao Yu
Katherine Ensign		Christina Dell'orto
Cavin Park		Christine Hu
Caroline Weisstuch		Yuha Kase
Kyle Becerra		
Kaitlyn Elliott		
Rebecca Kearns		
Julia Ferrigno		

Practice times are as follows:

PRACTICE GROUPS, DAYS & TIMES							
	MON	TUES	WED	THUR	FRI	SAT	SUN
BRONZE	X	515-6	X	515-6	X	8-9	X
SILVER	515-615	X	515-615	X	515-615	8-9	X
GOLD	515-630	6-7	X	6-715	630-745	X	7-830
JUNIOR	615-845	515-645	615-745	515-645	X	615-8	7-830
PREP	645-830	645-845	615-8	6-715	430-630	6-8	7-9
SENIOR	645-845	645-845	515-715	645-845	430-630	6-8	7-9
*M-F AM times to be scheduled at a later date							
*Phil will also be scheduled for dryland, time to be determined (FOR SENIORS AND PREP)							

THERE WILL BE NO SATURDAY/SUNDAY PRACTICE 9/11-12. SATURDAY/SUNDAY PRACTICE WILL BEGIN THE FOLLOWING WEEKEND 9/18-19.

Let me know if there are any questions.

Thanks,  
Matt