



February 14, 2008

Dear Middies Parents:

Happy Valentine's Day and hopefully everyone is either recovering or avoiding the crazy flu season that seems to have taken us by storm. The past few weeks have been their usual fast-paced, blurry speed ride, but they were truly amazing ones for our swimmers. In our four meets since returning from Christmas break the Middies swimmers have answered the call and our progression could not be more exciting and encouraging.

We have our [Silvers](#) and [8 & Under](#) entries posted on the web site and now ask that all parents and swimmers review this information, check final schedules and let us know by Monday, February 18th if a swimmer is scratching events.

Over the past several weeks, we have been receiving more and more late notices regarding the inability to attend a session or an entire meet, or even worse, simple no shows without contact. Where we understand that schedules are hectic and unforeseen problems arise, the proper planning from our end requires as much help as possible from all of you.

In the same regard, as we are now entering the Championship phase of the season we must once again stress the importance of swimmers showing up to meets 10 -15 minutes prior to the warm-up time listed in the meet information. All meets have a 20 minute window for coaches to make their scratches and if a swimmer is not on the deck by that time, he or she will be scratched. We cannot, and will not, leave swimmers in the meet and run the risk of leaving open lanes, which not only reflects poorly upon the program, but also incurs a fine at Championship meets.

As a last resort for scratches, lateness or other crisis on meet day you can call:
Bryan Dorsey 914-715-7128 or Kevin Lavelle 302-354-5121

However, please be aware that on many pool decks there is no service so the earlier you get to us the better.

As for Silver Championships, the meet is in Montgomery, NY and some parents are staying over night. If you have not made plans, the hotel information can be found at http://www.vacswim.com/news/Area_Hotels.htm.

Please continue to check the web site as we are adding new qualifiers for the championship meets after each weekend, we have updated our entries, added a swimmers-of-the-meets list, and we are working on an updated March and April calendar. Also, early

YWCA – 515 North Street – White Plains, NY 10605 – middies@ywcawhiteplains.com
949-6227 (151)

next week we will have all of the necessary details regarding our swim-a-thon, which will be a great team event which will help raise money for not only the Middies, but special programming throughout the YWCA.

Sincerely,

The Middies Coaches