



FEBRUARY 2010 SENIOR A						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Senior A 4:30-5:15 DL 5:15-7:15 PM (37)	2 SA – 5-6:30 AM (38) Senior A 6:45-8:45 PM (39)	3 Senior A 4:30-6:30 PM (40)	4 SA – 5-6:30 AM (41) Senior A 6:00-6:45 DL 6:45-8:45 PM (42)	5 See You at 8 Champs Meet At The YWCA 8/Under – 5:00 PM No practices tonight	6 NY Sharks Meet In Nyack See You at 8 Champs Meet At The YWCA All details on web site
7 NY Sharks Meet In Nyack Check Entries on web site Super Bowl Sunday	8 Senior A 4:30-5:15 DL 5:15-7:15 PM (43)	9 SA – 5-6:30 AM (44) Senior A 6:45-8:45 P (45)	10 Senior A 4:30-6:30 PM (46)	11 SA – 5-6:30 AM (47) Senior A 6:00-6:45 DL 6:45-8:45 PM (48)	12 Senior A 4:30-6:30 PM (49)	13 Senior A 6:30-8:15 AM (50)
14 Senior A 7:00-8:30 AM (51) Senior A 4:30-5:30 DL 5:30-7:00 PM (52)	15 Senior A 4:30-5:15 DL 5:15-7:15 PM (53)	16 SA – 5-6:30 AM (54) Senior A 6:45-8:45 P (55)	17 Senior A 4:30-6:30 PM (56)	18 NO AM Senior A 6:00-6:45 DL 6:45-8:45 PM (57) Senior Mets	19 Senior A 4:30-6:30 PM (58) Senior Mets	20 Senior A 6:30-8:15 AM (59) Senior Mets
21 NO AM Senior A 4:30-5:30 DL 5:30-7:00 PM (60) Senior Mets	22 Senior A 4:30-5:15 DL 5:15-7:15 PM (61)	23 SA – 5-6:30 AM (62) Senior A 6:45-8:45 PM (63)	24 Senior A 4:30-6:30 PM (64)	25 SA – 5-6:30 AM (65) Senior A 6:00-6:45 DL 6:45-8:45 PM (66)	26 Senior A 4:30-6:30 PM (67) Zone Qualifiers	27 Asphalt Green Meet In NYC Zone Qualifiers
28 Asphalt Green Meet In NYC Zone Qualifiers	<p style="text-align: center;">If a swimmer attends Senior Mets or Zone Qualifiers on the day of a practice, they will be credited for being there that day.</p>					