



January 16, 2009

Dear Middies Parents:

This is just to remind everyone that we have an amended practice schedule tomorrow, Saturday January 17th. Seniors will swim from 6:30-8:30 Am and silver 9 & overs will swim from 8:30-10:15 AM.

Good luck to all swimmers participating in this weekend's meet. The times are as follows:
8 & Unders - Saturday, January 17th 3:30 PM Warm-up/4:15 PM Start
9-10's and 13-14's - Sunday, January 18th 8:00 AM Warm-up/9:00 AM Start
11-12's and Opens - Sunday, January 18th 1:00 PM Warm-up/2:00 PM Start

Monday, January 19th there will be practices for Gold, Junior and Senior swimmers from 7:00-9:00 AM only.

We are also still in need of volunteers for our 8 & Under Meet February 6th & 7th to time during the Saturday and Sunday Sessions. Anyone who can assist with this, please email coach Dorsey with your availability.

Thanks and Go Middies,

Bryan Dorsey