



September 23, 2008

Dear Middies Parents:

Thank you to all the parents that were able to come to our meeting last Tuesday night. The meeting was well attended and there was quite a bit of information given by the coaches, the YWCA and the existing parent's committee. We are distributing this email in order to update everyone on those details as well as some other important particulars.

A main goal of the evening was to express to everyone that a team like this needs as much help from the parents as possible. There are countless tasks and details that are involved with the many meets and activities throughout the season. Any parent wishing to volunteer throughout the season, please contact the coaches at:

Email: [middies@ywcawhiteplains.com](mailto:middies@ywcawhiteplains.com)  
Office Phone: 914-949-6227 (151)  
Bryan Dorsey: 914-338-3247  
Web Site: [www.middiesswimming.org](http://www.middiesswimming.org)

### **Team Registrations**

**First off, we must remind everyone that initial payments must be received by Wednesday, September 24th.** Along with the specific team contracts, all swimmers must also fill out the Middies registration forms. These forms are posted on the web site as well as at the front desk at the top floor of the YWCA.

Once a swimmer has made their payment, they must also then take a photo ID in order to gain access to the outside doors as well as the locker rooms. These ID's are part of a swimmers registration to the YWCA and all swimmers should have their ID every time they come to the Y.

All payments, as well as ID photos can be taken care of at the front desk during the following times:

Monday through Friday from 8:30 AM - 5:30 PM  
Saturday from 10:00 AM - 2:00 PM  
Sunday from 11:00 AM - 2:00 PM

### **Practices**

Coaches expressed upon the parents that as a program we do encourage our swimmers to attend as many practices offered per week as possible. With a sport like swimming and regards to practice, it is truly a case of "more is better." Of course, we understand that our swimmers are well-rounded and have a multitude of family, school and extra-curricular activities to juggle. Yet, it is our goal to create the type of fun and positive atmosphere that has all swimmers wanting to be here as often as they can.

We would like swimmers to have their own fins for practices. Many swimmers do, but too many swimmers this year need to borrow from the boxes on the deck and it is taking too much time out of our daily routine. **Gulbenkian Swim Shop will be making a third and**

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949-6227 (151)

**final visit to the Middies on Thursday, September 25 from 5:00-7: 00 PM and any equipment or suit orders can be made at that time.**

### **Meets**

In regards to meets, we will sign all eligible swimmers up for every competition we attend. It is to be expected that there may be conflicts, but it will be the responsibility of the swimmer and/or parent to contact the coaches if they indeed cannot attend any portion of a meet. There will be a deadline for all such scratches or changes for every meet. After the deadline, the final entry will be sent to the meet hosts and further changes cannot be made.

All swimmers should arrive at meets 15 minutes prior to warm-up with a Middies swim suit, cap and t-shirt. If a swimmer is not at a session on time, he or she will be scratched so that we abide by the proper scratching guidelines set forth by USS Swimming. If a swimmer is on the way but late due to unforeseen delay you must contact Coach Dorsey at 914-338-3247.

Please note that our first two competitions will be at the YWCA on Friday, October 3rd (all 11 & Over Swimmers) and Friday October 10th (all 10 & Under swimmers) from 4:30-7:15 PM. We will have teams set for those evenings and run mini dual meets. Of course, there will not be any practice sessions for the opposing age groups on those evenings.

Once again, we thank everyone for being with us during the 2008-09 Season. Only a couple weeks in and we already can see the prospect of things to come. So, let's get ready for greatness together.

**Go Middies!**